

Domestic Violence Victim Assistance Card

Your Case Information

Case Number / UCR Number

Date of Report

UNIVERSITY OF NORTH ALABAMA POLICE DEPARTMENT
Law Enforcement Agency

256-765-4357
Phone Number

Reporting Officer's Name

ID Number

256-284-7600 ONE PLACE OF THE SHOALS
Local DV Contact Phone Number

SAFEPLACE 256-767-6210 1-800-550-9215
Certified DV Center & Phone Number

LAUDERDALE COUNTY DA 256-764-4351
District Attorney Office & Phone Number

If within 60 days you are not notified of an arrest in your case, you may call the telephone number of the law enforcement agency for the status of the case.

Alabama Domestic Violence Hotline

1-800-650-6522

www.acadv.org



What is domestic violence?

Domestic violence is a deliberate pattern of controlling and coercive conduct that serves to deprive victims of safety and self-sufficiency. Perpetrators use abusive tactics to reinforce their “rules” and maintain absolute power and control over their intimate partners.

Controlling behavior can be physical abuse, emotional or psychological abuse, sexual abuse or financial abuse (using money and financial tools to exert control).

5 Red Flags of Abuse

- **Social Isolation.** Pushes for a commitment or major event to occur early in the relationship. Asks you to spend less time with your friends and family and more time with him or her. You no longer maintain close relationships with friends or family.
- **Unrealistic expectations.** Makes lots of suggestions on how you can improve your appearance, behavior, etc. You often make changes solely based on these suggestions.
- **Controlling behaviors.** Influences your decisions on hobbies, activities, dress, friends, daily routines, etc. and maintains tight control over your finances. You make few decisions without the perpetrator’s opinion.
- **Jealousy and possessiveness.** Demands to know the specific details of your day and rarely leaves you alone when you are not together, such as when you are at work or out with friends.
- **Physical, emotional or sexual harassment.** Uses verbal abuse (name calling, ridicule, humiliation, threats), physical force (shoving, pushing, slapping, kicking) or other forms of abuse to get you to do whatever he or she wants you to do.

All battering is dangerous; one push or shove can quickly escalate to a life-threatening situation. Battering increases in frequency and severity over time. Certain behaviors, actions and words by an abuser, however, indicate particular danger for you. The ACADV wants to help you identify if you are in a risky situation.

It’s important for survivors to know that **the abuse is not their fault**, and **they are not alone**. Help is available for those who suffer from domestic violence. If you see any of these in your abuser, you should know that your relationship could become deadly.

Please take caution and call the Alabama Domestic Violence Hotline at 1-800-650-6522 for immediate help. Help is available 24 hours a day, 7 days a week.